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PhD, Assistant Prof., Physiology, Islamic Azad University, Iran ([Website](#); [Scopus](#); [Google Scholar](#); [Emails: vahdatpour@iaushab.ac.ir](mailto:vahdatpour@iaushab.ac.ir))

Veghar Hejazi

MD, Tabriz University of Medical Sciences, Tabriz, Iran (Email: vegharhejazi@gmail.com)

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Research Paper

Optimization of Cellulase Production by *Aspergillus niger* and *Trichoderma viride* through Water Hyacinth (*Eichornia crassipes*) as Substrate.

Elwin, Kusnadi J, Hendrawan Y, Yudiana I-M.
J. Life Sci. Biomed., 7(2): 13-18, 2017;
 pii:S225199391700003-7



Figure 1. SSF Fermentation



Figure 2. Crude Enzyme



Figure 3. Enzyme Assay

Abstract

Water hyacinth (*Eichornia crassipes*) is one of many raw materials that can be used to produce bioethanol as renewable energy. One of critical process to produce bioethanol from water hyacinth is hydrolysis in order to convert cellulose to be glucose. Hydrolysis process which uses commercial cellulase is very expensive so that the product of bioethanol can not be accepted economically. The objective of this research is to optimize the production of crude cellulase enzyme produced by *Aspergillus niger* and *Trichoderma viride* in process of bioethanol production through water hyacinth. This research showed that the production of crude cellulase enzyme by *Aspergillus niger* is optimum on 8 days of incubation, temperature 34°C and 8% of glucose concentration which obtain 5.84 U/g of Cellulase activity. In addition, the production of crude enzyme by *Trichoderma viride* is optimum on 6 days of incubation, temperature 30°C and 8% of glucose concentration which obtain 4.41 U/g of Cellulase activity. *Aspergillus niger* obtained higher cellulase activity compare to *Trichoderma viride*. So that for the next study cellulase enzyme can be produced by using *Aspergillus niger*. Cellulase activity in this research was crude enzyme, for further study the experiment should be conducted by using pure enzyme for better result.

Keywords: Cellulase, Optimization, *Aspergillus niger*, *Trichoderma viride*

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Review

On the Physiology of Immune System

Kumar Pandey A, Pandey G and Pandey BL.
J. Life Sci. Biomed., 7(2): 19-25, 2017;
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Abstract

The immune system distinctively has predominant concern of qualitative homeostasis. It serves housekeeper role for factors (majority of them, have endogenous origin) appearing as dangers for homeodynamics of the organism. Precisely, the immune system endeavors in dynamic optimal self maintenance within an organism which constantly faces varied infringements from the environment. Processes of growth, development and aging are all under supervision of immune system. The brain holds perceptive topographic map of body architecture to both sense and issue actions in specified direction. The immune cells also behold broad image of the whole immunological self. By referring to this, the cells notice a danger molecule which is structurally non-conforming. This map is integrated with the antibody forming system or response forming system of these cells. Ability of immune system to detect unwelcome entries and then alert its various cell groups as well as the brain puts it at par with sensory organ. Classical features include active interactions with hypothalmo-pituitary-adrenal axis (HPA) or with autonomic nervous system mediated through specific peripheral and central cytokines. Immune system is committed to preservation of self by neutralizing dangers and keeps constancy and integrity of the organism. Immune response is evoked for restoring homeostasis consequent to damage. Secondly, interactions between activating and inhibiting mechanism of immune response needs to be optimally balanced.

Keywords: Hysiology, Immune system, Developmental biology, Neuroregulation

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Optimization of Cellulase Production by *Aspergillus niger* and *Trichoderma viride* through Water Hyacinth (*Eichornia crassipes*) as Substrate

Elwin¹✉, Joni Kusnadi¹, Yusuf Hendrawan¹, I Made Yudiana²

¹ Brawijaya University of Malang East Java, Indonesia

² Laboratorium of Biology Ecology of Indonesian Institute of Science, Bogor, Indonesia

ABSTRACT

Water hyacinth (*Eichornia crassipes*) is one of many raw materials that can be used to produce bioethanol as renewable energy. One of critical process to produce bioethanol from water hyacinth is hydrolysis in order to convert cellulose to be glucose. Hydrolysis process which uses commercial cellulase is very expensive so that the product of bioethanol can not be accepted economically. The objective of this research is to optimize the production of crude cellulase enzyme produced by *Aspergillus niger* and *Trichoderma viride* in process of bioethanol production through water hyacinth. This research showed that the production of crude cellulase enzyme by *Aspergillus niger* is optimum on 8 days of incubation, temperature 34°C and 8% of glucose concentration which obtain 5.84 U/g of Cellulase activity. In addition, the production of crude enzyme by *Trichoderma viride* is optimum on 6 days of incubation, temperature 30°C and 8% of glucose concentration which obtain 4.41 U/g of Cellulase activity. *Aspergillus niger* obtained higher cellulase activity compare to *Trichoderma viride*. So that for the next study cellulase enzyme can be produced by using *Aspergillus niger*. Cellulase activity in this research was crude enzyme, for further study the experiment should be conducted by using pure enzyme for better result.

Original Article

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Cellulase,
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Aspergillus niger,
Trichoderma viride

INTRODUCTION

The need of energy is going to increase each year affect the decreasing of energy resources and creates it become expensive. Those because the resource of energy majorly from fossil energy which un-renewable and predicted will exhausted next 25 years [1, 2, 3]. Bioethanol is considered as alternative energy because it renewable and environment friendly [2, 4]. The production of bioethanol as alternative energy had been developed, but the production of bioethanol prior was not the solution because it used food-base material i.e. corn, seed and cassava [6, 8]. Water hyacinth (*Eichornia crassipes*) is one of non-food base material that can be used to produce bioethanol. It because water hyacinth contains cellulose (25%) that can be converted to be glucose which then can be used to produced bioethanol [2,4].

Hydrolysis in bioethanol production can be conducted by using cellulase enzyme [3, 5]. In the past process of cellulose hydrolysis in bioethanol production used commercial cellulase enzyme. The problem is cost of commercial enzyme is very expensive so that affect the bioethanol product through water hyacinth cannot be accepted economically [2]. *Aspergillus niger* and *Trichoderma viride* had been reported as microorganisms that can produce cellulase enzyme [1]. Compare to other microorganism, *Aspergillus niger* and *Trichoderma viride* are better than other microorganism in producing cellulase enzyme. It due to the both fungus can produce three components of cellulase enzyme which are endoglucanase, exoglucanase and glucosidase. So that this study is conducted to produce cellulase enzyme by *Aspergillus niger* and *Trichoderma viride* which will be used to hydrolyze cellulose on water hyacinth.

MATERIAL AND METHODS

Water hyacinth (*Eichornia crassipes*) was obtained from Selorejo bay, Malang district. Water hyacinth was separated from its root then washed with clean water to remove dirt and dash. Water hyacinth then was cut until it become ± 2 cm in size. To decrease water content, water hyacinth was dried on oven temperature 100 °C for 24 hours until the water content $\pm 30\%$. After that water hyacinth was milled in disc mill and screened with 60 mesh of screener.

Aspergillus niger and *Trichoderma viride* was obtained from Indonesian Culture Collecton (InAcc) of Indonesian Institute of Science (LIPI). The both of microorganism then were cultured on Potato Dextrose Agar (PDA) which prepared by mixing 5.85 gr of PDA into 50 ml of aquades. PDA then was shrilled in autoclave temperature 121 °C, 15 psi for 15 minutes. *Aspergillus niger* and *Trichoderma viride* cultured for 7 days in incubator temperature 30 °C and then used to produce crude cellulase enzyme.

Harvesting and Analyzing Cellulase Enzyme Activity

Harvesting of crude cellulase enzyme was conducted by taking 1 gram of fermented substrate then mixed with 5 mL of aquades sterill. After that, substrate was under a 15 minutes shaking and 10 minutes centrifuge at 8000 rpm. Then the solution of crude cellulase enzyme was tooked 125 μ l and mixed with 125 μ l of CMC as assay substrate. The solution of crude enzyme and CMC was incubated for 30 minutes to allow the reaction between enzyme and substrate. After 30 minutes, solution was added with 250 μ l of DNS to stop the reaction. Then the solution was heated on water temperature 100 °C for 10 minutes. After that absorbance value was measured with spectrophotometer on 540 of wave length. Absorbance value then was putted on standard curve [3].

Optimization of Cellulase Enzyme Production by *Aspergillus niger* and *Trichoderma viride*

Optimization of Incubation Time: Optimization of incubation time was conducted for 2, 4, 6, 8 and 10 days. 3 gram of water hyacinth as substrate was prepared and sterilized with autoclave temperature 121 °C, 15 psi for 15 minutes. The culture of *Aspergillus niger* and *Trichoderma viride* were inoculated on sterilized water hyacinth by dissolving spore of the both fungus with 5 ml sterilized aquades and mixed with skewers. The solution of spore then was poured to water hyacinth as substrate in the laminar air flow in sterile condition. Then sample was stored in 30°C of incubator. Water hyacinth substrate which was not inoculated with *Aspergillus niger* and *Trichoderma viride* used as control.

Optimization of Incubation Temperature: Optimization of incubation temperature was conducted after obtaining the optimum incubation time. Incubation temperature were 30°C, 34°C and 38°C. In optimization of incubation temperature, the optimum incubation time was used as incubation time. 3 gram of water hyacinth (substrate) was prepared and sterilized with autoclave temperature 121°C, 15 psi for 15 minutes. The culture of *Aspergillus niger* and *Trichoderma viride* were inoculated on sterilized water hyacinth by dissolving spore of the both fungus with 5 ml sterliized aquades and mixed with skewers. The solution of spore then was poured to water hyacinth as substrate in the laminar air flow in sterile condition. Then sample was stored in incubator 30 °C, 34 °C and 38 °C. Water hyacinth substrate which was not inoculated with *Aspergillus niger* and *Trichoderma viride* used as control.

Optimization of Carbon Source: Optimization of carbon source was conducted by adding 2% (w/w) of carbon source on the water hyacinth as substrate. Carbon source which used in this study were glucose, sucrose, xylose and maltose. 3 gram of water hyacinth as substrate was prepared and added with 2% of carbon source then sterilized with autoclave temperature 121 °C, 15 psi for 15 minutes. The culture of *Aspergillus niger* and *Trichoderma viride* were inoculated on sterilized water hyacinth by dissolving spore of the both fungus with 5 ml sterilized aquades and mixed with skewers. The solution of spore then was poured to water hyacinth as substrate in the laminar air flow in sterile condition. Then sample was stored in incubator with optimum temperature and optimum incubation time. Water hyacinth substrate which was not added with carbon source used as control.

Optimization of Carbon Concentration: Optimization of Carbon Concentration was conducted after obtaining the optimum carbon source. Optimization of carbon concentration used several carbon concentration which were 2%, 4%, 6%, 8% and 10%. 3 gram of water hyacinth as substrate was prepared and added with 2%, 4%,

6%, 8 and 10% of carbon then sterilized with autoclave temperature 121 °C, 15 psi for 15 minutes. The culture of *Aspergillus niger* and *Trichoderma viride* were inoculated on sterilized water hyacinth by dissolving spore of the both fungus with 5 ml sterilized aquades and mixed with skewers. The solution of spore then was poured to water hyacinth as substrate in the laminar air flow in sterile condition. Then sample was stored in incubator with optimum temperature and optimum incubation time.



Figure 1. SSF Fermentation



Figure 2. Crude Enzyme



Figure 3. Enzyme Assay

RESULTS

Optimization of Incubation Time

Cellulase activity produced by *Aspergillus niger* and *Trichoderma viride* increased by increasing the incubation time. The optimum incubation time for *Aspergillus niger* and *Trichoderma viride* was 8 days of incubation time where the activity of cellulase enzyme were 2.40 U/g and 3.38 U/g for *Aspergillus niger* and *Trichoderma viride* respectively. The activity of cellulase enzyme by *Aspergillus niger* and *Trichoderma viride* decreased on 10 days of incubation time which were 1.77 U/g and 2.12 U/g respectively.

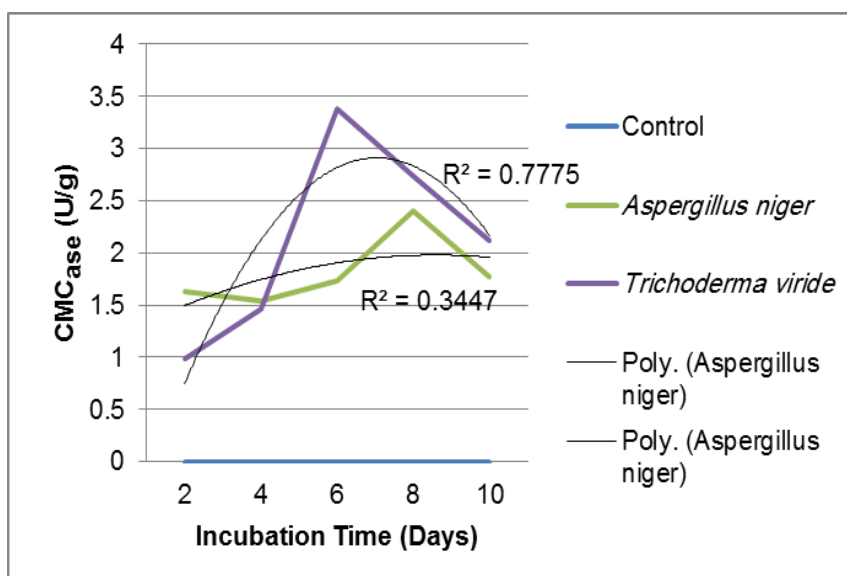


Figure 4. Effect of Differences Incubation Time for Cellulase Production

Optimization of Incubation Temperature

Cellulase activity produced by *Aspergillus niger* was optimum on 34 °C of temperature which was 4.30 U/g. However cellulase activity produced by *Trichoderma viride* was optimum on 30 °C which was 3.38 U/g.

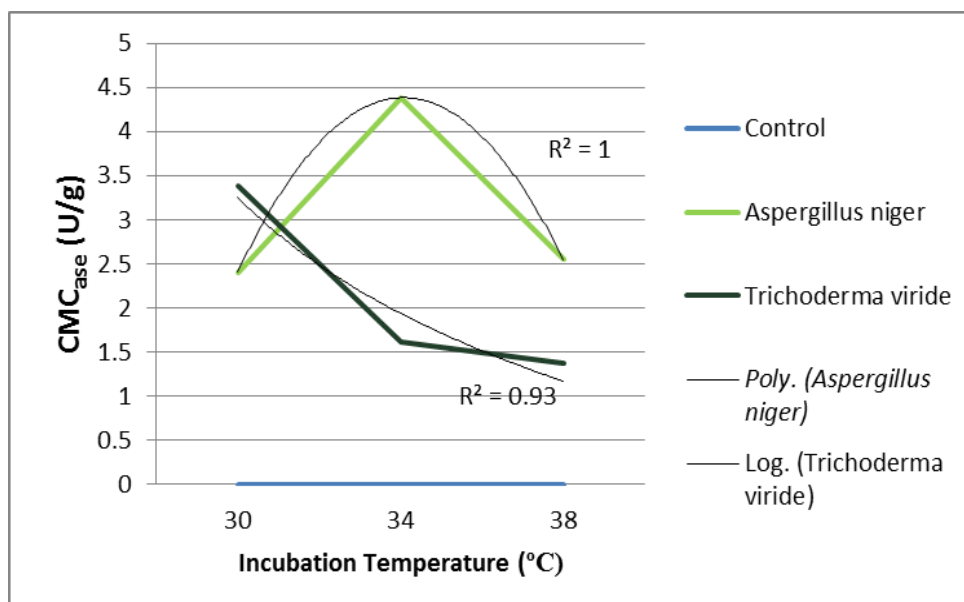


Figure 5. Effect of Differences Incubation Temperature for Cellulase Production

Optimization of Carbon Source

Carbon source which able to stimulate *Aspergillus niger* and *Trichoderma viride* to obtain the maximum cellulase activity was glucose. The maximum Cellulase activity by *Aspergillus niger* dan *Trichoderma viride* was obtained by glucose as carbon source were 5.62 U/g and 3.46 U/g respectively. The minimum sellulase activity by *Aspergillus niger* and *Trichoderma viride* was obtained with lactose as carbon source which were 4.28 U/g and 2.59 U/g respectively.

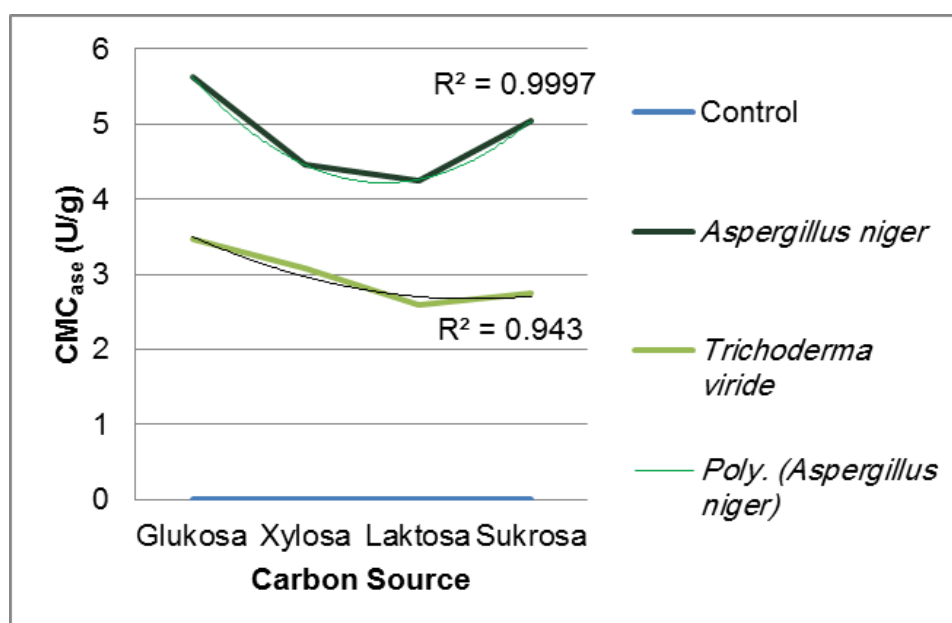


Figure 6. Effect of Differences Carbon Source for Cellulase Production

Optimization of Carbon Concentration

Optimum sellulase activity was obtained by adding 8% of carbon concentration both for *Aspergillus niger* and *Trichoderma viride*. Optimum cellulase activity by *Aspergillus niger* and *Trichoderma viride* were 5.83 U/g and 4.41 U/g respectively. However when carbon concentration was increased to be 10% cellulase activity both for *Aspergillus niger* and *Trichoderma viride* decreased to be 8.48 U/g and 2.21 U/g respectively.

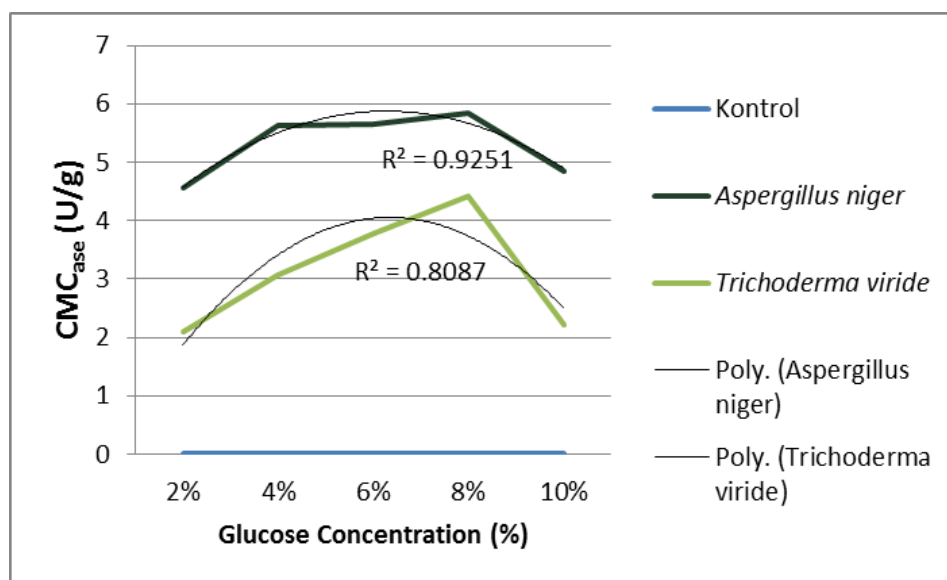


Figure 7. Effect of Differences Glucose Concentration for Cellulase Production

DISCUSSION

The decreasing of cellulase activity both by *Aspergillus niger* and *Trichoderma viride* on 10 days of incubation time suspected due to the effect of cellobiose accumulation which was the dimer of glucose. Cellobiose which was formed on 10 days of incubation time acted as agent which allow the mechanism of feedback inhibition which inhibit cellulase enzyme so that the activity of cellulase enzyme by *Aspergillus niger* and *Trichoderma viride* decreased [6, 7]. The differences of incubation temperature between *Aspergillus niger* and *Trichoderma viride* suspected due to the differences of living mechanism between the both microorganism. This result supported by Hammel et al. [8] and Mrudula [9] who reported that the optimum temperature of cellulase production by *Aspergillus niger* by using coconut peel was 34 °C with the cellulase activity was 4.44 U/g. This result also supported by Murao [10] who reported that the optimum incubation temperature of cellulase production by *Trichoderma viride* by using corn cobs as substrate was 30 °C with CMCase activity 1.88 U/g.

Glucose as carbon source which can stimulate *Aspergillus niger* and *Trichoderma viride* to produce the optimal sellulase activity suspected due to glucose was the carbon source which able to fill the carbon need for *Aspergillus niger* and *Trichoderma viride* without stimulate the effect of feedback inhibition [10]. Lactose as carbon source which produce the lowest sellulase activity both for *Aspergillus niger* and *Trichoderma viride* suspected due to lactose was the most consumeable carbon affect the carbon supply for *Aspergillus niger* and *Trichoderma viride* higher than expected. The higher carbon than expected acted as agent which inhibit the function of cellulase enzyme or known as mechanism of feedback inhibition [1]. The addition of 2%, 4% and 6% of carbon concentration was not produce the optimum sellulase activity was suspected due to unable to fill the carbon need for *Aspergillus niger* and *Trichoderma viride*. The lack of carbon concentration for *Aspergillus niger* and *Trichoderma viride* could not stimulate the both microorganism to produce optimum cellulase enzyme [7, 14]. Furthermore the addition of 10% of carbon concentration was higher than expected by both microorganism so that stimulate the effect of feedback inhibition. So that the optimum carbon source for *Aspergillus niger* and *Trichoderma viride* was 8%.

CONCLUSION

This research was conducted to determine the optimum condition of production cellulase enzyme by *Aspergillus niger* and *Trichoderma viride*. Optimum condition for cellulase production by *Aspergillus niger* was 8 days of incubation, 34°C of incubation temperature and 8% of glucose concentration with 5.84 U/g of cellulase activity. However optimum condition for cellulase production by *Trichoderma viride* was 6 days of incubation, 30°C of incubation temperature and 8% of glucose concentration with 4.41 U/g of cellulase activity. *Aspergillus niger* obtained higher sellulase activity compare to *Trichoderma viride*. So that for the next study cellulase enzyme can be

produced by using *Aspergillus niger*. Cellulase activity in this research was crude enzyme, for further study the experiment should be conducted by using pure enzyme for better result.

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Authors' Contributions

Conception and design of this research: Elwin, Joni Kusnadi, Yusuf Hendrawan, I Made Sudiana.

Data analysis, drafting and revising the manuscript: Elwin

Competing interests

We declare that we have no significant competing financial, professional or personal interest that might have influenced the performance of presentation of the work described in this manuscript.

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On the Physiology of Immune System

Abhay Kumar Pandey¹✉, Garima Pandey¹ and Bajarangprasad L Pandey²

¹Department of Physiology, Government Medical College, Banda, Uttar Pradesh

²Department of pharmacology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh

✉ **Correspondence:** Dr. Abhay Kumar Pandey. Assistant Professor; Department of Physiology, Government Medical College, Banda, Uttar Pradesh, 210001, Email: drabhaypphysiol@gmail.com

ABSTRACT

The immune system distinctively has predominant concern of qualitative homeostasis. It serves housekeeper role for factors (majority of them, have endogenous origin) appearing as dangers for homeodynamics of the organism. Precisely, the immune system endeavors in dynamic optimal self maintenance within an organism which constantly faces varied infringements from the environment. Processes of growth, development and aging are all under supervision of immune system. The brain beholds perceptive topographic map of body architecture to both sense and issue actions in specified direction. The immune cells also behold broad image of the whole immunological self. By referring to this, the cells notice a danger molecule which is structurally non-conforming. This map is integrated with the antibody forming system or response forming system of these cells. Ability of immune system to detect unwelcome entries and then alert its various cell groups as well as the brain puts it at par with sensory organ. Classical features include active interactions with hypothalmo-pituitary-adrenal axis (HPA) or with autonomic nervous system mediated through specific peripheral and central cytokines. Immune system is committed to preservation of self by neutralizing dangers and keeps constancy and integrity of the organism. Immune response is evoked for restoring homeostasis consequent to damage. Secondly, interactions between activating and inhibiting mechanism of immune response needs to be optimally balanced.

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INTRODUCTION

Homeostasis in physiology refers much to quantitative balance. The immune system has distinctive concern of qualitative homeostasis. It serves housekeeper for largely endogenous factors perceived as dangerous for homeodynamics of the organism. Amidst contradictory cells and molecules gaining entry into the organism harmonization of self has been indispensable for evolution. Such a role play by immune system possibly, evolved the capability to mount struggle against the non-self invaders as well [1]. Immune system carries out self maintenance, repairs, construction and optimization dynamically within an organism in face of varied infringements from environment [2]. A potentially dangerous molecule, including foreign molecules are identified and blocked. The system exhibits tolerance to commensal microbes and the fetus. The evolutionary tolerogenic adaptation of immune system as well as the stated objects is thus evident [3]. The immune system is disarmed against such foreign cells. The incompetent struggle mounted by the immune system to discard these entities, results in awakening of more of the genes and synthesis of products. The later that impart wider capabilities, particularly of repair and regeneration to meet higher rates of wear and tear during pregnancy and confinement.

Processes of growth, development and aging are all under supervision of immune system. Immune system has necessary ability to read genetic information in target cells to respond to them appropriately. This is facilitated by

free dissipation of cells. In contrast, neurons and endocrine cells that release neurotransmitters and hormones are not mobile. Mobile immune cells may reach their targets and inspect them through close contact.

Distinction between molecules is necessary for regulatory processes. The brain beholds perceptive topographic map of body architecture. Such map enables to sense exigencies and direct appropriate response. Immune cells also behold broad immunological image or map of self for reference to distinguish a nonconforming danger molecule. This map is integrated with the antibody and other response forming cells of immune system.

Danger recognition by immune cells is influenced also by receptors for hormones, autacoids, neurotransmitters, on these cells. Immune system on the other hand has potential to form auto antibodies against such regulatory molecules and their receptors. Immune system can therefore regulate respective functions along regulation by those molecules, viz, cell proliferation, differentiation, apoptosis (programmed death) and such genetically controlled molecular and cellular processes [4]. Auto-antibodies or anti-idiotypes exhibiting similar or opposite biological activities as those of hormones, autacoids, enzymes and drugs are well demonstrated in sick as well as healthy people [5].

Above scenario raises possibility that immune system may transgress the functional domains served by different specialized regulatory systems in body. The phenomenon on the other hand offers possibility of using anti-idiotypes for correcting genetic absence of some functional biomolecules. Anti-idiotypes to constituent bio-molecules normally formed in “physiological quantities” in healthy people may be harvested and administered in individual genetically deficient in concerned biomolecules. That should provoke immune response and generation of specific antibodies to the foreign anti-idiotype. There is good possibility of such antibodies being structurally similar to missing bio-molecules and may even function like them.

Early prenatal and postnatal patterning of Immune System

Environmental factors like malnutrition, stress or toxins affecting maternal immune system may disrupt development of fetal immune system. Interactions of maternal immune cells in decidua with trophoblast antigens and regulatory influence of immune cytokines, ensures tolerance to fetal/placental antigens by mother's immune system. The arrangements critically serve maintenance of pregnancy, development of fetal immune system and the competence of maternal immune system itself. Maternal and infant nutritional inadequacies can modulate the development of immune function [6]. The immunologic and regulatory framework in offspring can be permanently altered, determining risks for later disease [7]. Nutrition is basic need for organogenesis, normal proliferation of cells and synthesis of secretory products including cytokines, acute phase protein etc. The later is also essential to development of immune response machinery. Some nutrients are specifically needed for induction of control mechanisms in immune response e.g. antioxidants [8]. Nutrient deficiencies of mother compromise proper morphogenesis of placenta and restrict nutrient supply of fetus with profound global consequences to developing anatomy and physiology. The genetic programming also gets impacted [6, 9].

Food antigens in infant influence development of immune function through complex interactions with microbial flora of gut [10, 11]. Optimal oral tolerance to dietary constituents takes place early in 4 to 6 postnatal months. Failures of the same leads to food allergies, celiac and other inflammatory gut diseases [12]. There is critical involvement of many micronutrients in normal developmental processes of diverse capabilities of immune system. Nutrient factors related to single carbon metabolism, choline, folate (critically needed for DNA methylation) and Vit. B₂, B₆, and B₁₂ are key modulators of epigenetic priming [6, 13]. Defective epigenetic priming of immune systems is linked to risk of allergic disorders [14]. Very important role in lymphocyte proliferation and differentiation, i.e. formation of regulatory T lymphocytes is ascribed to various fat soluble vitamins, viz. D, A, and E [15, 17]. Elemental zinc also has important role in lymphopoiesis and haematopoiesis.

The developing fetal metabolizing systems are vulnerable to toxic substances in mother's food (e.g. pesticides) which cross over to fetus and infant through placenta and breast milk. These may be detrimental to the immune function. Postnatal feeds influence the gut micro biota which interacts with gut mucosa to induce tolerance for commensals and ability to recognize pathogens. Humoral players of these interactions also influence the important central regulatory mechanism of immune responses namely, the hypothalamo-pituitary-adrenal axis. Malnutrition causes activation of the HPA axis and consequent suppressed immune function [18]. The permanent alterations in patterns of neuroendocrine-immune interaction lead to attenuation of inflammatory responses or reduced resistance to nidation and colonization of any tumor cells.

Maternal stress consequent to infection and inflammation involves increased expression of proinflammatory cytokines that are transmitted through placenta and breast milk for foetus/infants. Malnutrition partly determines quality (kind), quantity as well as transport of these mediators. Both a deficit of required nutrient/s or excess of

nutrients adversely impact immune functions. Cytokines would elevate HPA axis activity in fetus or infants, to increase glucocorticosteroid hormone levels. This has immunosuppressive effect, predominantly on the cell mediated Th1 type immune response. There is a shift toward the Th2 type immune responses and predisposition to allergic disorders [14, 19, 20]. Mental stress in mother also heightens HPA axis sensitivity in fetus. Normal gut flora that helps maturation of proper immune response, may be distorted by early antibiotic exposures. This may also shift immune response toward Th2 dominance, increasing risk of allergies and asthma [11, 21].

Functional scheme and regulation of immune system

The basic physiology limited to immune system itself may be narrated in idiotypic-anti idiotypic concept of antibodies and immune response. Immune system may be akin to a sensory organ given the ability to detect unwelcome entries and then alert its various cell groups as well as the brain. Immune system physiology essentially comprises understanding interactions of its constituents with other physiological systems. As a classical physiological system it actively interacts with hypothalmo-pituitary-adrenal axis (HPA) [14], or with sympathetic nervous system (even parasympathetic nervous system) [22, 23]. These interactions are mediated through specific peripheral and central cytokines. Immune system is physiological homeostatic system committed to preservation of self by neutralizing dangers and maintaining constancy and integrity of the organism. Immune function is unique in simultaneous and intertwined operation of physiological as well as pathological processes [24]. Different cells and mediators are put into action at different stages of the innate and adaptive immune responses. Precise synchronous changes in neural and endocrine activities provide its essential extrinsic regulation independent of consequences of stress or pathological state.

Interaction with antigen activates the immune cells to produce and release cytokines. The cytokines activate HPA axis leading to increased glucocorticosteroid secretion. The hormone suppresses incompletely activated or uninvolved immune cells, but does not affect cells actively engaged in immune response [14]. Immune response is thus restricted to genuine requirement with enhanced specificity. This mechanism averts emergence of autoimmunity and excess proliferation in organs of the immune system.

The peripheral immune mechanism and endocrine responses under control of brain represent the long loop of regulatory circuit. Sympathetic nerves make close contact with immune cells in innervated lymphoid organs exerting inhibitory control. The later control is relaxed during active immune response. This is local short regulatory loop of neuro-humoral immune regulation [14].

Immune system reacts to antigen by informing the brain through variety of cytokines which also stimulate the HPA axis and inhibit nor-adrenaline turnover in hypothalamus besides some other hormonal effects [25]. Stimulation of β -2 adrenoreceptors by adrenaline and nor-adrenaline on the immune cells damps down release of pro-inflammatory cytokine. These effects occur on the antigen presenting macrophages and the effector Th-1 lymphocytes. In contrast the Th-2 lymphocytes get stimulated to liberate anti-inflammatory cytokines. Catecholamines therefore selectively suppress the inflammation and cellular immune response effected by Th-1 cells [26]. Both, catecholaminergic and serotonergic systems are dominant in integral control of immune function by brain [26, 27].

Cytokines interleukin IL-1 causes HPA axis activation through catecholaminergic mechanisms. Other neurophysiologic effects caused by cytokines are pyrexia, changes in appetite, sleep pattern, learning and memory. Both a direct impact on neurons through vasoendothelial-glial interface and by way of afferent vagus nerve impulses are involved in cytokine action [28, 29]. Humoral and neurotransmitter links of peripheral immune activity may induce expression of specific genes for cytokines and their receptors in specific regions of brain [30, 31]. Such signaling affects immune mechanisms in coherence to homeostatic adjustments in pathological state. Sympathetic activity causes circulatory enhancement facilitating passage of immune cells to conflict site. From the blood vessels and lymphatics these cells migrate and establish at site of action. The process is guided and controlled by adhesion molecules, chemokines, integrins and local factors [32]. Splenic link with circulation allows clearance, uptake and retention of microbes and their contact with immune cells. Systemically the cytokines increase sympathetic activity but high cytokine concentrations at action site inhibit neuronal nor-epinephrine release. Such strategic effect redistributes peripheral blood flow to flush the sites [33]. This enhances contact of antigen with immune cells necessary for mounting the immune response. Interleukin-1 exhibits strong potential of promoting glucose transport and oxidation in adipose tissue and fibroblasts. It also influences control of brain glucose utilization [34]. The peripheral and central IL-1 actions collectively channel glucose availability in lymphoid organs and inflammation site to sustain high energy needs of active immune response.

Inflammatory and autoimmune phenomena are crucially controlled by the immune-HPA circuit. Dysfunction of the circuit associates autoimmune inflammatory disorders [14, 35]. Auto-immunity is suppressed also by sympathetic nervous activity which promotes apoptosis in activated effector lymphocytes during immune response [36]. Parasympathetic activation through the nicotinic receptor mechanism inhibits release of pro-inflammatory cytokines limiting the inflammatory process [37]. Catecholaminergic system co-localizes with specific neuro-peptide that exhibit pro or anti-inflammatory consequences in animal models of auto-immunity and modulate HPA axis function [38].

Cytokines produced in healthy brain play role in neurophysiology [31]. Their influence on neuro-endocrine control of homeostatic set points is vital immune-physiologic function. Antigen presenting cells are present in all organs and are influenced by hormonal and neurotransmitter mechanisms [8]. Most pathological states comprise of an inflammatory immune component that interacts with neuro-endocrine mechanisms. The demarcation between physiological and pathological is subject to decoding of the finite message carried by molecular mediators. The message depends on variety of states of time and site of microenvironment as well as the specific target.

The essential scavenging function

Immune function serves elimination of intruding microbes and immune complexes. This ability has evolved from extension of debris (of dying cells) removing function of immune system. Macrophages express Toll like receptor (recognizing non-self molecular patterns) and scavenger receptors (recognizing modified-self and alien protein structural patterns) for clearing endogenous and exogenous unwelcome products [39]. Intact cells (self or alien and old or young) and molecules (useful or waste) are not sensed by these cells. Only when auto-antibodies attach a target, it is signified for removal to the macrophages. The macrophages then bind by their membrane-born F_c-receptors to such targets (the soluble or particulate antigen-antibody complexes) and endocytose them for breakdown and elimination. The referred auto-antibodies are known as opsonins. Their guidance to macrophages is like that of scent, which enables dogs to recognize suspect objects. The quantity of processed antigen made available for recognition of immune competent cells, serves as regulator by positive feedback to the production of antibodies. This helps to maintain steady individual rates of apoptosis/replacement of specialized cells in healthy state. The different auto-antibodies also remain within defined 'physiological levels', not varying with age or sex [40]. Level of such organo-tropic auto-antibodies increases upon target organ pathology with increased cellular apoptosis releasing organ specific antigens. Such organotropic auto-antibodies therefore serve as biomarkers for specific organ pathology.

The Feto-Maternal harmonization and tolerance

Phylogeny and fetal development constitute essential physiology involving autoimmune harmonization. Fetal cells enter in to maternal circulation and this microchimerism is high in women bearing many pregnancies. The maternal immune system certainly attempts to mount immune response against the fetal cells but that is cut down to so called 'physiological' level. Partial elimination of invading fetal cells does occur without eruption of auto-immune disorder. The phenomenon is a defensive mechanism for sustaining pregnancy [41, 42]. The fetal cells are able to proliferate in mother due to physiologic regulation of auto-immunity and provide for repair and regeneration of damaged maternal tissues with fetal stem cells. In long run the subdued biological tussle enlivens maternal system serving as one basis of longevity of women [43]. The same may also contribute to higher incidence of auto-immune diseases in the female [44].

During the first trimester of pregnancy, decidual natural killer cells (dNK) localize in decidua, which facilitate trophoblastic invasion and growth of placental blood vessels. Interaction of dNK cells with trophoblast cells occurs through two kinds of receptors. A killer type and killer-inhibitory type receptors (KIR). The KIRs recognize Major Histocompatibility Complex class-1 (MHC-1) present on nucleated cells. KIR signals dominate dNK cell behavior. Abnormal or damaged fetal cells lacking proper MHC-1 tag are destroyed [45]. The cytotoxicity of dNK cells is suppressed and trophoblast cells are spared of maternal immune attack. Such suppression results from strong activation of KIRs by interleukin IL-10, the class 1b (HLA E or G) molecules and class 1a alleles of HLA-C2 [46, 47].

An immune-depressant micro-environment is generated by cytokine IL-10 secreted by M2 sub-phenotype derived from the decidual macrophages [48]. Treg cells dominate the suppressor Treg/inducer T₁₇ lymphocytes balance during pregnancy which is major determinant of maternal immune tolerance to fetus [49]. The Treg lymphocyte suppressor function begins even before fertilization to guard paternal antigens in insemination fluid [50].

Immune auto-reactivity and Auto-immunity

Sometimes a normal immune response may be feeble, less specific and badly driven. Perpetuation of the same would be detrimental to organism. Macrophage recognition and elimination of apoptotic debris is diminished in connective tissue disorders as systemic lupus erythematosus [51, 52]. Piled up apoptotic material is likely to be picked up for antigen processing and consequent signaling of auto-reactive lymphocytes. The auto-reactive process then exceeds ordinary or physiological limits. Even then this helps speedy clearing of aberrant cells restoring healthy organ function. The auto-antibodies stimulate repair function such as increased DNA synthesis, mitotic rate and cell proliferation [5, 53]. Raised auto-antibody level above the physiological limits indicate increased rate of apoptosis. This occurs much before dysfunction of organ detected in biochemical abnormalities and clinical manifestation. Organ non-specific auto-antibodies are also elevated years before occurrence of autoimmune disorders [54]. An autoimmune response (excess of the need to clear apoptotic matter) is mostly consequent to poor regulation.

Autoimmunity is kind of an adaptive secondary immune response. It is aberrant since it is not conditioned to serve need of the organism. Hereditary predilections to autoimmune diseases point to genetic aberrations and/or epigenetic changes resulting from environmental factors. These crucially alter the magnitude/intensity of immune response [55-57]. Unique change in bio-molecular structure amid pathologic states [58], or mimicry of nucleic acid products to those of infective microbes in damaged cells [59] may make them appear as alien antigens to the immune cells to mount autoimmune response. Encounter of immune cells with such immunogenic substances may increase also with failure of cellular organelles to capture and check such molecules [57]. Adverse environments cause epigenetic changes and stress in the host may cause hypo or hyperactive neuro-endocrine functions [23]. These would tilt immune responses toward Th-1 or Th-2 over-activity patterns [60]. Thus, internal and external aberrations on varied accounts may promote and erupt autoimmunity [61].

Epilogue

The immune response is evoked to restore homeostasis upon encountering external intruders or endogenous products of tissue damage. Synergic balanced interactions between activating and inhibiting mechanism of immune response ensure defense and avoid severe immune pathologies. The differences of molecular mechanisms involved in sensing danger from the self derived versus foreign entities needs finite understanding as prerequisite to understand autoimmunity [23]. The apparent contradiction in rejection of transplants but not pregnancy by the immune system has resolved with such understanding. Immune system seems cognizant of disturbances in milieu and decides about using only innate or also adaptive kind of responses. The later is based on overall sensory and referent integration.

The normal physiology of T and B lymphocytes includes weak self-reactivity. That serves maturation and diversity of immune potential. That also regulates cell survival to the optimum span for integrity of function and health. Immune system is fundamentally tuned to serve physiological role and naturally acquires learning toward stepping in to war against unwelcome molecules and cells. The academic tradition prevailing for more than a century, has largely denied basic and applied physiological view of the immune system. This article emphasizes such view beyond the realm dominated by the 'foreign' and the 'abnormal'. Such a view ought be useful for holistic understanding of immune system.

Authors' Contributions

All authors contributed equally to this work.

Competing interests

The authors declare that they have no competing interests.

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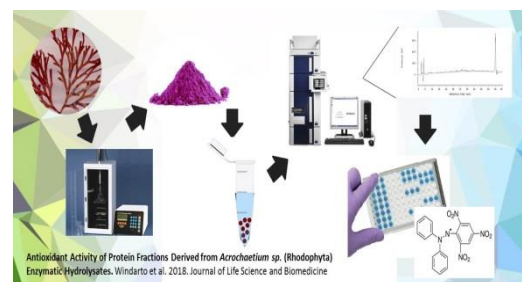
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Results and Discussion can be presented jointly.

Discussion and Conclusion can be presented jointly.

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2. Karen KS, Otto CM. 2007. Pregnancy in women with valvular heart disease. Heart. 2007 May; 93(5): 552-558.
3. Doll MA, Salazar-González RA, Bodduluri S, Hein DW. Arylamine N-acetyltransferase 2 genotype-dependent N-acetylation of isoniazid in cryopreserved human hepatocytes. Acta Pharm Sin B, 2017; 7(4):517-522.

For In press manuscripts (maximum 2):

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For symposia reports and abstracts:

Cruz EM, Almatar S, Aludul EK and Al-Yaqout A. 2000. Preliminary Studies on the Performance and Feeding Behaviour of Silver Pomfret (*Pampus argentens euphrasen*) Fingerlings fed with Commercial Feed and Reared in Fibreglass Tanks. Asian Fisheries Society Manila, Philippine 13: 191-199.

For Conference:

Skinner J, Fleener B and Rinchiuso M. 2003. Examining the Relationship between Supervisors and Subordinate Feeling of Empowerment with LMX as A Possible Moderator. 24th Annual Conference for Industrial Organizational Behavior.

For Book:

Russell, Findlay E, 1983. Snake Venom Poisoning, 163, Great Neck, NY: Scholium International. ISBN 0-87936-015-1.

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Bhatti SA and Firkins JT. 2008. http://www.ohioline.osu.edu/sc1156_27.html.

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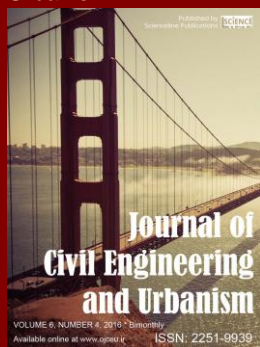
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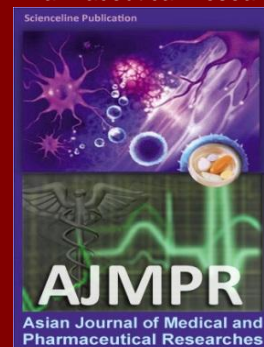
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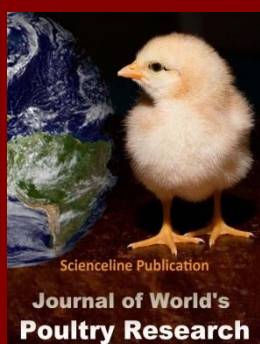
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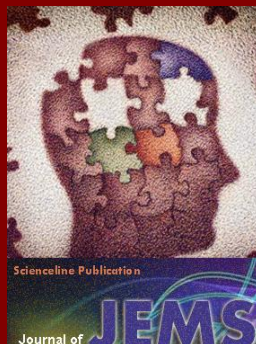
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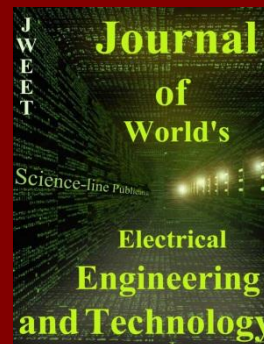
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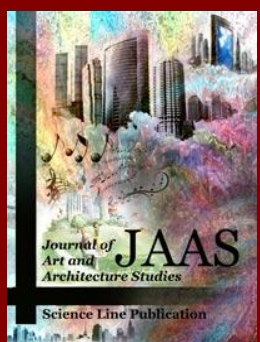
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